

# The SELF: Learning Framework

## OUR DEVELOPMENTAL DOMAINS

Emotional &  
Literacy  
Regulation

Social Awareness  
& Relationships

Confidence, Sense  
of Self & Self  
Worth

## THE INTERNAL WORKING MODEL

Positive Mental  
Health

MENTAL AGILITY, RESILIENCE &  
ABILITY TO COPE

Following

Lifting Up Social  
Information & Linking

Positive Leading

Co-Regulation

Purposeful Play

Correcting &  
Signposting

